



ST. MICHAEL'S EPISCOPAL CHURCH

A Christ-Centered Community of Practice Awaking to the Abiding Presence of God

THE EIGHTH SUNDAY AFTER PENTECOST

WE GATHER IN THE NAME OF CHRIST

PRELUDE “Two Lullabies: I” by Carter Pann

WELCOME & ANNOUNCEMENTS

After the Announcements, a period of silence is kept.

HYMN

The Hymnal 436

1 Lift up your heads, ye might - y gates; be - hold the
2 O blest the land, the ci - ty blest, where Christ the
3 Fling wide the por - tals of your heart; make it a
*4 Re - deem - er, come! I o - pen wide my heart to
5 So come, my Sov - ereign; en - ter in! Let new and

1 King of glo - ry waits! The King of kings is
2 ru - ler is con - fessed! O hap - py hearts and
3 tem - ple, set a - part from earth - ly use for
4 thee: here, Lord, a - bide! Let me thy in - ner
5 no - bler life be - gin; thy Ho - ly Spi - rit

1 draw - ing near; the Sa - vior of the world is here.
2 hap - py homes to whom this King of tri - umph comes!
3 heaven's em - ploy, a - dorned with prayer and love and joy.
4 pres - ence feel: thy grace and love in me re - veal.
5 guide us on, un - til the glo - rious crown be won.

ACCLAMATION

Celebrant Blessed be the one, holy, and living God.

Congregation **Glory to God for ever and ever.**

SONG OF PRAISE

sing twice

Harmony

Ev - ry time I feel the spir - it, mov - ing
in my heart, I will pray. Ev - ry time I feel the
spir - it, mov - ing in my heart, I will pray.

Fine

COLLECT OF THE DAY

The Lord be with you.

And also with you.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

Amen.

THE FIRST READING

2 Samuel 6:1-5, 12b-19

Following the lesson...

Hear what the Spirit is saying to God's people

Thanks be to God.

PSALM 24

1 The earth is the Lord's and all that is in it, *
the world and all who dwell therein.

2 For it is he who founded it upon the seas *
and made it firm upon the rivers of the deep.

3 "Who can ascend the hill of the Lord? *
and who can stand in his holy place?"

4 "Those who have clean hands and a pure heart, *
who have not pledged themselves to falsehood,
nor sworn by what is a fraud.

5 They shall receive a blessing from the Lord *
and a just reward from the God of their salvation."

6 Such is the generation of those who seek him, *
of those who seek your face, O God of Jacob.

7 Lift up your heads, O gates;
lift them high, O everlasting doors; *
and the King of glory shall come in.

8 "Who is this King of glory?" *
"The Lord, strong and mighty,
the Lord, mighty in battle."

9 Lift up your heads, O gates;
lift them high, O everlasting doors; *
and the King of glory shall come in.

10 "Who is he, this King of glory?" *
"The Lord of hosts,
he is the King of glory."

THE SECOND READING

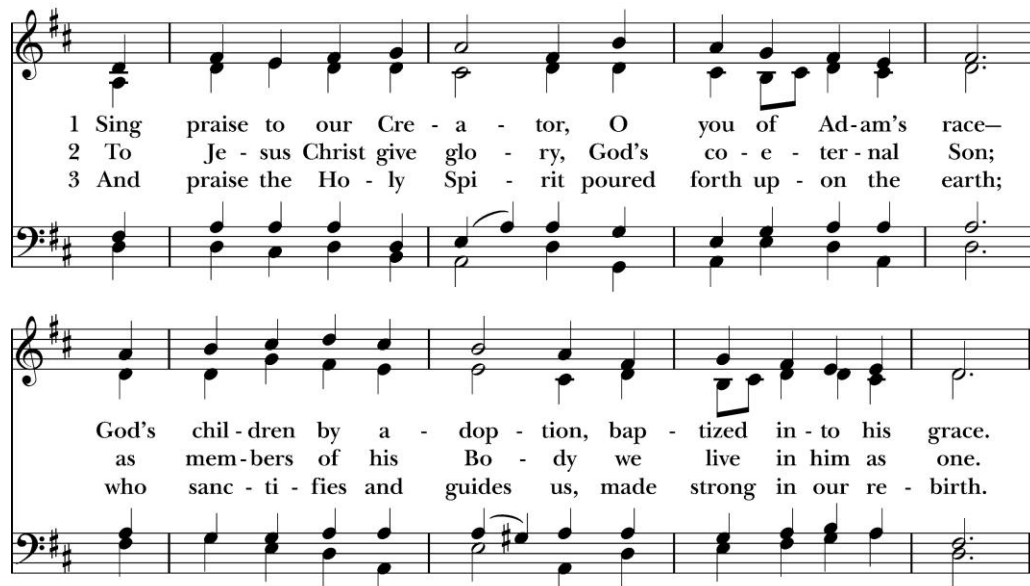
Ephesians 1:3-14

Following the lesson...

Hear what the Spirit is saying to God's people
Thanks be to God.

HYMN

The Hymnal 295



1 Sing praise to our Cre - a - tor, O you of Ad - am's race—
2 To Je - sus Christ give glo - ry, God's co - e - ter - nal Son;
3 And praise the Ho - ly Spi - rit poured forth up - on the earth;
God's chil - dren by a - dop - tion, bap - tized in - to his grace.
as mem - bers of his Bo - dy we live in him as one.
who sanc - ti - fies and guides us, made strong in our re - birth.

HOLY GOSPEL

Mark 6: 14-29

Preceding the Gospel...

The Holy Gospel of our Lord Jesus Christ according to Mark
Glory to you, Lord Christ.

Following the Gospel...

The Gospel of the Lord.
Praise to you, Lord Christ.

SERMON

The Reverend Lars Hunter

After the sermon a period of silence is kept

WE PRAY FOR GOD'S CREATION, FOR THE WORLD, AND FOR THE CHURCH

The Leader bids us to pray for the sick and suffering, for those who have asked for our prayer, for those who rejoice in life events and for those who have died.

Intercessor: Lord, in your mercy
People: **Hear our prayer**

The Priest says a concluding Collect

CONFESSION

**Almighty and merciful God,
we have sinned against you,
in thought, word and deed.
We have not loved you with all our heart.
We have not loved others
as our Savior Christ loves us.
We are truly sorry.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may delight in your will
and walk in your ways,
through Jesus Christ our Savior. Amen.**

Through the cross of Christ, God have mercy on you, pardon you and set you free.
Know that you are forgiven and be at peace.
God strengthen you in all goodness and keep you in life eternal. **Amen.**

The Celebrant bids

THE PEACE

The peace of Christ be always with you.
And also with you.

Following the Peace, the Celebrant recites a sentence from Holy Scripture; all prepare for the Holy Eucharist.

WE SHARE HOLY COMMUNION TOGETHER

OFFERTORY HYMN

The Hymnal 686



1 Come, thou fount of ev - ery bless - ing, tune my
2 Here I find my great - est trea - sure; hith - er,
3 Oh, to grace how great a debt - or dai - ly



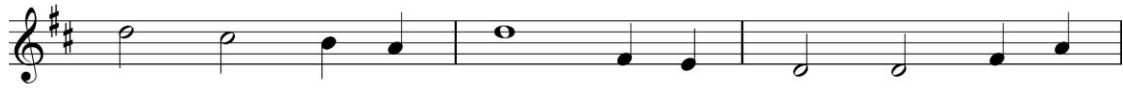
heart to sing thy grace! Streams of mer - cy nev - er
by thy help, I've come; and I hope, by thy good
I'm con - strained to be! Let thy good - ness, like a



ceas - ing, call for songs of loud - est praise.
plea - sure, safe - ly to ar - rive at home.
fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by
Je - sus sought me when a stran - ger wan - dering
prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me
from the fold of God; he, to res - cue me from
leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.
dan - ger, in - ter - posed his pre - cious blood.
seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735-1790), alt. Music: *Nettleton*, melody from *A Repository of Sacred Music, Part II*, 1813; harm. Gerre Hancock (b. 1934).

OFFERING

During the hymn, ushers pass the offering plates. Representatives from the parish bring the people's offerings of food bread and wine for the Eucharist, and money for mission and ministry to the Altar. You may also make a donation online at www.stmichaelsvermont.org under "Give" & "Give Online." Our ministry at St. Michael's depends on your generosity. Thank you!

THE GREAT THANKSGIVING

The Lord be with you.

People **And also with you.**

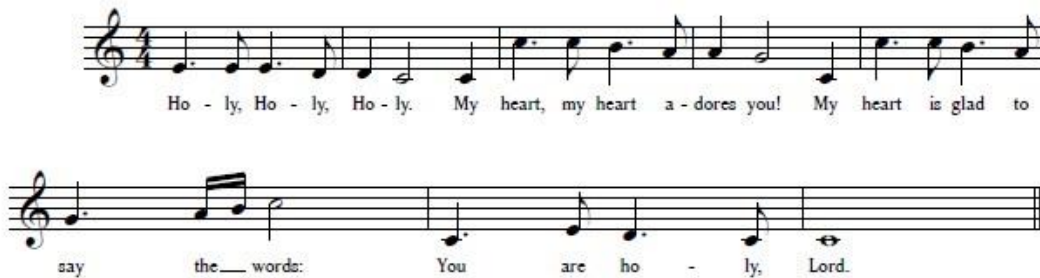
Celebrant Lift up your hearts,

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God,

People **It is right to give him thanks and praise.**

The Celebrant praises God for God's creation and love. Then all sing the Sanctus together:



Ho - ly, Ho - ly, Ho - ly. My heart, my heart a - dores you! My heart is glad to
say the words: You are ho - ly, Lord.

The Presider recalls and makes present for all Jesus' life and last supper.

...we praise you and we bless you:

**We praise you,
we bless you,
we give thanks to you
and we pray to you, Lord, our God.**

The Presider asks the Holy Spirit to consecrate the bread and the wine to be God's holy food.

And now, as our Savior Christ has taught us,
we are bold to say,

People and Celebrant

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done,
on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses,
as we forgive those who trespass against us. And lead us not into temptation, but deliver us from
evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread.



Draw us in the Spi-rit's teth - er, for though ma - ny we are one
bo - dy. Al - le lu - ia, Al - le lu - ia!

Celebrant: Behold what you are.

People: **May we become what we receive.**

At St. Michael's, we believe that God's love is unconditional. We welcome all people and we affirm the worth, dignity, and gifts of every person as a beloved child of God. In our celebration of the Eucharist, there is no one here who is ineligible or unwelcome; no one who has too many doubts or too few beliefs. This is the table of a loving God set for all creation through the power of Jesus Christ. You, who are part of that creation, are welcome. Gluten-free wafers and grape juice are available. If you would like either, please indicate that preference to the liturgical minister.

POST COMMUNION PRAYER

**God of abundance,
you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world and continue for ever
in the risen life of Christ our Savior. Amen.**

BLESSING

HYMN

The Hymnal 594

Hymn printed on next page

1 God of grace and God of glo - ry, on thy peo - ple pour thy power;
 2 Lo! the hosts of e - vil round us scorn thy Christ, as - sail his ways!
 3 Cure thy chil - dren's war - ring mad - ness, bend our pride to thy con - trol;
 4 Save us from weak res - ig - na - tion to the e - vils we de - plore;

crown thine an - cient Church's sto - ry; bring her bud to glo - rious flower.
 From the fears that long have bound us free our hearts to faith and praise:
 shame our wan - ton, self - ish glad - ness, rich in things and poor in soul.
 let the gift of thy sal - va - tion be our glo - ry ev - er - more.

Grant us wis - dom, grant us cour - age, for the fac - ing of this
 grant us wis - dom, grant us cour - age, for the liv - ing of these
 Grant us wis - dom, grant us cour - age, lest we miss thy king - dom's
 Grant us wis - dom, grant us cour - age, serv - ing thee whom we a -

hour, for the fac - ing of this hour.
 days, for the liv - ing of these days.
 goal, lest we miss thy king - dom's goal.
 dore, serv - ing thee whom we a - dore.

Words: Harry Emerson Fosdick (1878-1969), alt. By permission of the author. Music: *Cwm Rhondda*, John Hughes (1873-1932).

DISMISSAL

POSTLUDE “Rondo alla Turca” by W.A. Mozart

Participants Today

Greg Lesch, lay assistant; **Jenny Karstad** and **Maida McKenna**, readers and element bearers; **Carol Hesselbach**, intercessor; **Ricky Davidson** and **Miranda Smith**, chalice bearers; **Elizabeth Freese** and **Judy Walker**, ushers; **Judy Walker**, **Carol Hesselbach** and **Carolyn Hammarlund**, Altar Guild; **Megan Buchanan**, coffee hour host.

At St. Michael's we believe that God's love is unconditional. We welcome all people and we affirm the worth, dignity, and gifts of every person as a beloved child of God.

- **WELCOME TO VISITORS!** All are welcome at this table. If you have any questions about the liturgy, location of the bathrooms, or anything else, please ask one of the ushers or greeters. Thank you for joining us today.
- **GLUTEN FREE WAFERS AND GRAPE JUICE** are available for Communion at both 8:00 am and 10:15 services. Please make yourselves known to the priest when you come up for Communion.
- **CHILDREN ARE WELCOME HERE!** There are clipboards with paper and crayons, as well as activity bags with coloring books at the back of the Sanctuary for children who are interested in coloring or drawing during the service. Feel free to come in and out of the worship area as needed with your children! Please ask an usher if you need assistance.
- **NURSERY CARE IS AVAILABLE** for young children during the service. Please ask the ushers for directions.

ST. MICHAEL'S WEEKDAY WORSHIP

Morning Prayer, 8-8:30 am, Monday- Friday on Zoom, Tues-Thursday in the Chapel
Breakfast with the Psalms, 8:30 – 10:00 am, Wednesdays at The Works, Brattleboro
Eucharist with the Saints, 12 noon-12:30, Wednesday in the Chapel
Contemplative Worship, 5:30-6:00 pm, Thursday in the Chapel, in-person and on Zoom
Centering Prayer, 8 am, Saturday in the Chapel

HAPPY BIRTHDAY TO: *Marian Wojcik* and *David Carr*, Today; *Olivia Capponcelli*, Tuesday; *Richard Gauthier*, Saturday.

HAPPY ANNIVERSARY TO: *Susan & Phillip Wilson*, Saturday.

SUMMER FUN FOR ST. MICHAEL'S KIDS EACH SUNDAY MORNING, 10:15 IN THE UNDERCROFT: St. Michael's formal Sunday School has ended, and we will keep building community with our children and youth by offering summer activities during the first part of Sunday church. Summer Fun is taking place in the Undercroft at 10:15 and, depending on the ages of the group and the weather, we will have a story, simple snack, crafts, outside time and/or games. Volunteers will rotate helping out. The kids will join the congregation at the Peace so that they can participate in Holy Communion and the Blessing. We are still in need of some volunteers to fill out the summer. It will indeed be fun! Please contact Susan at heimer.susan@gmail.com if you are willing to help!

INTERPLAY AT ST. MICHAEL'S BEGINS TOMORROW, JULY 15: Play can be a spiritual practice and InterPlay helps grown-ups remember how to play! Judith Reichsman, Godly Play Leader and grown-up kid, learned to lead InterPlay when working on her M.A. in Religion and the Arts at the Graduate Theological Union in Berkeley, California. She wants to introduce InterPlay to St. Michael's because she believes that it is more fun than being 5 years old again -- plus you get to keep the wisdom you gained since then!

InterPlay leads participants through movement and stories, silence and song, ease and amusement. It is an active, creative way to unlock the wisdom of the body. Please join us for an introduction to InterPlay on Monday July 15 and/or or Monday July 22 in the choir room from 4:00-5:30.

JOIN THE PSALM STUDY'S SUMMER STUDY OF RUTH: The Works Cafe Psalm Study continues to invite people to join us once or often! After a wonderful study of Jonah, we have just begun to study the book of Ruth, which will occupy us for most of the summer. This book of family loyalty is set during the time of earthly harvest and shares something about how the *hesed* (of God) can be experienced through our commitments to one another. It also sends echos out in surprising directions both in the Old Testament and the New Testament.

During the summer, the "Ruth-Psalms" Study will meet every other week - July 17 and 31, August 15 and 28, from 8:30am-10:00am. Along with manuscript, pens, and colored pencils, coffee will be provided! *Please bring your own mug.*

SUPPORTING ST. MICHAEL'S PRISON MINISTRY: Several people have asked how to donate to our Prison Ministry. You can do this by writing a check to St. Michael's with "Prison Ministry" written in the memo line. These funds will be used to buy toiletries which are the biggest need of the men. The prison provides only a bar of soap, and over half of the inmates are indigent with no resources to purchase personal products. Thank you for your consideration and continued support.

SKYBERRY HOUSE BENEFIT, JULY 20, 2- 4 PM, PROUTY CENTER CAMPUS: Join us this Saturday, July 20, from 2 – 4 pm as skyberry's benefit event brings together the unhoused and housed in performance, celebration, mutuality, and downright fun! Here's some of what's happening that afternoon.

- Friend Ronit Ben-Shir will lead the creation of a family mandala. Ronit, an educator who grew up in Israel, builds relationships, experiences, and intentional environments by making mandalas of materials from the natural world.
- Our Bobcat Sister crankie performance will bring together local artists and educators: David Hayden, Natasha Diamondstone and Teresa Savel.
- NECCA's Tony Duncan, a world champion juggler, has performed all over the globe, but is quite happy in Brattleboro, working at NECCA, and doing shows when he wants to!
- Cynthia Parker-Houghton, local ceramic artist and puppet maker, will bring her clown persona, Dr. Harriet, who is an expert in Cosmic Energy and Transformation. She may be accompanied by some clown friends from Nettie's Clown Crew.

Join us for a sparkling good time which will support the good of the whole, especially children and families in our community who need a home.

Donations: \$15 for an individual; \$30 for a family. Rain date is July 21.

INTERESTED IN VOLUNTEERING FOR THE EVENT? *skyberry* needs you! Reach out to: houseskyberry@gmail.com